

BCIO
BRIDGE CLUB INTERNATIONAL ORGANIZATION

We are the
BRIDGE

VIRTUAL **PA PROGRAM** **2025**

September 20th/ 27th, 2025



bcio.world



[@bcioapcc_alumni](https://www.instagram.com/bcioapcc_alumni)

The APCC Vision



We, as members of APCC,
will become global citizens
with an **OMOIYARI** spirit,
Creating a more peaceful world
where the smiles of children abound.

*OMOIYARI is the spirit of
Respect and Understanding

The BCIO Promise



We, BCIO members, promise to achieve
PEACE and CO-EXISTENCE throughout
the world by promoting Respect and
Understanding between all people and
creating a bridge that joins us together.

We are the BRIDGE.

PA Program Objectives

- To expand the BC network and strengthen the bond of friendship with an OMOIYARI spirit.
- To develop their own leadership skills and qualities as Global BRIDGE Leaders.
- To help to nurture JAs, Fukuoka's children and youth to become OMOIYARI Global Citizens and Global BRIDGE Leaders.
- To undertake a more proactive role in BCIO management.

BCIO Objectives

- To improve and vitalize BRIDGE projects
- Utilize the strengths of each BC and to establish active global citizens.
- To give a foothold for all APCC participants and local BC members.

BCIO General Manager

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M. Moiz A. Qazi



Being selected as a Junior Ambassador marks the beginning of an extraordinary journey. This path reaches even greater heights when they achieve the honour of becoming Peace Ambassadors, a distinction earned through unwavering dedication and commitment to the Omoiyari Spirit.

The Peace Ambassador Program is more than training; it is a transformative experience that guides them toward true leadership. Its impact extends far beyond their BRIDGE CLUBS, leaving a lasting influence on communities and individuals around them.

I am deeply inspired by the leadership and dedication shown by our HOMs Nishant, Chloe, and Mizuki. Over the years, I have witnessed their remarkable growth, and their ability to plan and execute sessions with such precision has led to outstanding outcomes. The enthusiasm and determination displayed by the Peace Ambassadors were equally remarkable.

One of the most memorable highlights was seeing the HOMs and PAs work hand in hand to finalise a common activity, embodying the very spirit of collaboration and unity.

With great anticipation, I look forward to welcoming the Peace Ambassadors this July in Japan, where their journey will continue to unfold with even greater purpose and inspiration.

BCIO Assistant Manager

Garima Khakurel



Watching the HOMs - Chloe, Mizuki and Nishant work together to pull off the Virtual PA Program was an absolute delight. They are passionate and thoughtful leaders with great attention to detail. I believe they will pass on their unique skills and experiences to this batch of PAs transforming them into Global Bridge Leaders within and beyond their BRIDGE CLUBs.

I look forward with excitement for the Common Activity, that the PAs have come up with during the virtual PA camp, to be implemented.

While we've completed the Virtual PA Program, there's a lot more to work towards and achieve together with the HOMs and the PAs leading up to the PA Program in Fukuoka in July 2026. My best wishes to the HOMs and the PAs for journey ahead, and I'm proud of your achievements so far.

BCIO Assistant Manager

Raia Alexis T. Gallardo



The Virtual Peace Ambassador Program 2025 has been an inspiring start to this PA journey. We are incredibly proud of how the HOMs designed the sessions, guided discussions, and supported each PA with clarity, care, and genuine *omoiyari*. Their teamwork, creativity, and dedication were evident in every part of the program, from preparation to execution.

This year's PAs also showed openness and growth, contributing thoughtful insights and building meaningful connections across borders. As a Management Team member, I am grateful to witness this collaboration unfold and confident that these foundations will lead to an even stronger in-person program in July 2026.

To our HOMs and PAs: wonderful job, and keep your momentum. We are the BRIDGE!

BCIO Assistant Manager

Chanel Tiffany Pardoe



As an observer, I can safely say that the Virtual PA camp 2025 was an outstanding success! Mizuki, Chloe and Nishant have done an incredible job of creating the sessions, producing the slide decks, gathering useful tools to include and fostering a close interpersonal relationship with all of the PA's in attendance and embodying the OMOIYARI spirit.

I speak for the whole management team when I say we are very happy with the Virtual PA camps' outcomes and very proud of how well the HOM's not only work together but also work with others.

The HOM's have really shown their leadership skills by taking the tasks we set for them and excelling in delivering them. They also take on feedback extremely well and implement it in a timely manner.

Keep up the amazing work team! We cannot wait to see what you can do at the in-person camp in July.

We are the BRIDGE!

BCIO Secretariat

Karuna Shrestha



What an incredible journey the Virtual Peace Ambassador program has had. Since its launch in 2020, we've seen the program's content get better every single year. The success of this year's program is a direct result of the focused efforts by the Head Office members, and my appreciation to Nishant, Mizuki, and Chloe. Furthermore, the outstanding active participation of this year's Peace Ambassadors made the program a success.

We look forward with great excitement to the upcoming Common Activity and to seeing you all in person for the PA program in July 2026.

BCIO Head Office Members 2025-2026

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Chloe Martin
BC Australia
JA2014/ PA2024

Although only a short program, the Peace Ambassadors formed incredibly strong connections, united by their enthusiasm and dedication for their BRIDGE CLUB and APCC more broadly. As a HOM team, we are already so impressed by the commitment shown by the PAs and look forward to seeing them as effective leaders creating action in their BCs. It has been a pleasure to work with Mizuki, Nishant and the BCIO Management team and I look forward to continuing our work together.



Nishant
BC India
JA2014/ PA2021

The Virtual PA Program 2025 was an incredible experience working with Chloe, Mizuki, and the BCIO Management Team. We gained valuable insights and learned to think with a broader perspective. Our main goal was to help PAs understand BCIO better and strengthen their connection with their own BCs. The energy and enthusiasm they brought to the camp were truly inspiring. I'm excited to see what they'll achieve in Japan!



Mizuki Yasuoka
BC Japan
JA2016/ PA2021,2022

In this camp, we covered a lot of content, and although it stuck to fundamentals, it might still be tough for some. However, we could see PAs' enthusiasm and dedication to catch up and cultivate their experience and skills. Achieving this camp, I really appreciate the participation of passionate PAs, what is more, Chloe and Nishant, who worked so hard together, and the BCIO management team for pointing out critical comments, which greatly improved the session.

Peace Ambassadors 2025-2026

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Country	Name	JA Year
Atlanta	Sasha Lilian Sedykh	2019
Bangladesh	Pratistha Chakma	2018
Bhutan	Damste Yeabum Dema	2018
Cambodia	Pichanak Chan Kong	2014
Hawaii	Ella Kaimana Bosworth	2019
India	Rishika Sethiya	2019
Indonesia	Kays Afif Fauzan	2020
Japan	Saya Kamachi	2016
Korea	Eunseo Heo	2017
Maldives	Eexaan Ahmed Hashim	2016
Myanmar	Aye Chan Moe	2018
Nepal	Shreeti Khanal	2018
Pakistan	Muhammad Bin Awais	2013
Papua New Guinea	Roger Jaro Mairi	2018
Philippines	Anika Cassandra De Leon Tanguanco	2016
Sri Lanka	Lakith Navodya Rathnayake Liyanage	2011
Vietnam	Thao Ngoc Le	2015

Contents for Day 1 September 20th

- Welcome & Expectations
- BCIO overview
- Icebreaker/Self-introductions
- What is SWOT Analysis?
- Group discussion of SWOT analysis
- Room Scavenger Hunt
- What is Common Activity?
- Reflection of the day

Contents for Day 2 September 27th

- Welcome & Expectations
- BCPN overview
- Group Discussion of Common Activity
- What is a Good Leader?
- Eye spy x Guess the Language
- SMART Goals
- Group discussion of SMART Goals
- Reflection of the day

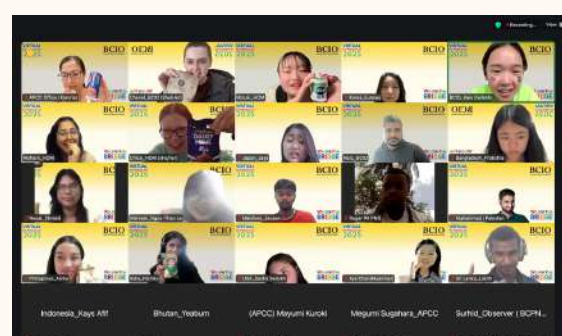
PHOTO CHALLENGE & INTRODUCTIONS

Mizuki Yasuoka, BCIO HOM 2025-2026



ICEBREAKERS

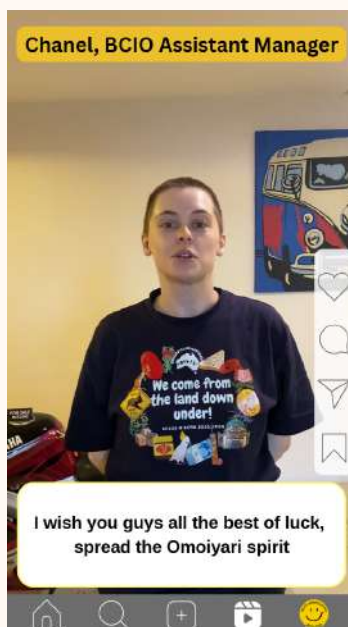
Chloe Martin, BCIO HOM 2025-2026



Messages from Presidents

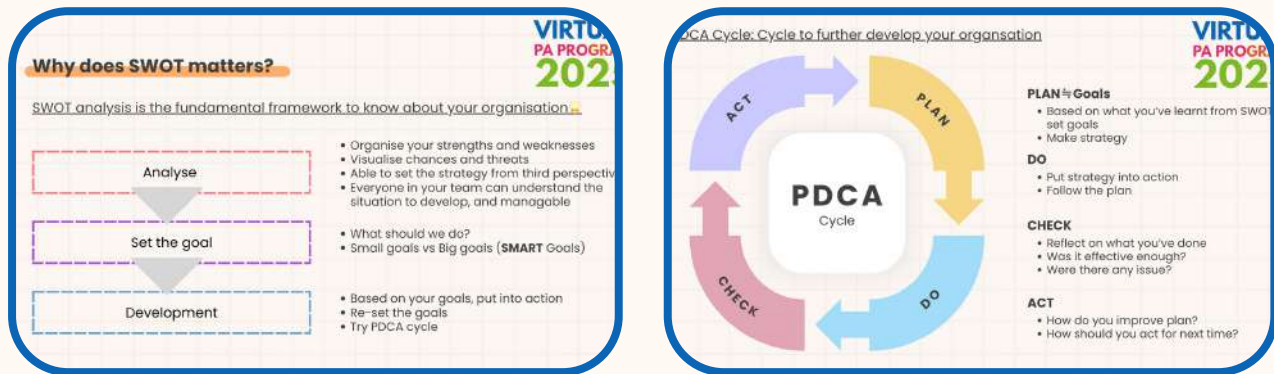
The Presidents and Management Team attending the BRIDGE CLUB Presidents Meeting in Ipoh recorded messages of encouragement for the PAs which were shared at the beginning of the session. This welcomed the PAs and gave them valuable advice. Watch the video here: [Messages from Presidents](#)

Thank you to all Presidents and Liaison Officers for supporting their PAs throughout the program.



SWOT ANALYSIS

Mizuki Yasuoka, BCIO HOM 2025-2026



The overarching objective of the Virtual PA Program sessions was to guide PAs in performing SWOT analyses and using this to inform the creation of SMART goals, resulting in action-driven PAs over the next 18 months. Analysis and goal setting are always fundamental to organisational management. To get an idea, we focused on two things in this session: SWOT analysis and the PDCA cycle.

This process began with the PAs identifying progress or changes to the SWOT analysis completed by the 2024/2025 PAs and discussing their current focuses with BC Presidents. Utilising the past resources would have helped the improvement process. By analysing the Strengths, Weaknesses, Opportunities and Threats of their BCs, the PAs could understand their current circumstances. Nevertheless, the situation changes over time, and if they have contributed to improving their BC situation, we also emphasised the significance of redoing this process.

PDCA cycle is another framework for assessing and analysing the activity. It stands for Plan, Do, Check, and Action. In this camp, we considered Plan as SMART Goals, Do as local BC activities, Check as reflection, and Action as one to improve the situation and future BC activities. We encouraged PAs to combine SWOT with this flow to visualise the issues and make them easier to address from a third-person perspective.

Alongside the session, Action Teams supported the PAs to connect with others, build on each other's ideas, plan for action together, and share their insights, clarifying the concepts.

SMART GOALS

Chloe Martin, BCIO HOM 2025-2026



On Day 2 of the Virtual PA Program, the PAs set personalised SMART Goals, which addressed the Strengths, Weaknesses, Opportunities and Threats they had identified for their BCs. The SWOT analysis aided the PAs in understanding the current circumstances in their BC and to plan appropriate action for the following 18 months. PAs set goals to be achieved December 2025, June 2026 and December 2026 and were encouraged for goals to build towards a long term goal.

The PAs were introduced to the SMART Goal framework and focused on setting goals that are Specific, Measurable, Achievable, Relevant and Time bound. This aided them in determining actions that can realistically be achieved within the time frame in order to create active and connected BRIDGE CLUBs.

Throughout the goal setting process, the PAs were supported by the members of their Action Teams to brainstorm ideas, discuss activities previous successful ideas in their BCs and to work collaboratively to plan ideas that they can enact together.

To train BC members in essential digital tools for future activities by providing hands on practice

Organise an orientation session for 2025 JAs to understand the objectives of BCIO and how they can participate

Create a social media strategy including upgraded visual identity and guidelines for use by future PAs

COMMON ACTIVITY

Nishant, BCIO HOM 2025-2026



Each year the Common Activity is planned by PAs for completion by all BRIDGE CLUBs with the goal of strengthening connections and showcasing the OMOIYARI spirit across many BCs. The session began with a quiz of previous Common Activities and identifying the key features: can be completed either virtually or in person, boosts social media engagements, is realistic and relatable. PAs were provided with suggested genres including Sports & Wellness, Culture & Traditions and Learning & Skill Development and then began brainstorming.

All the PAs had a very productive breakout room session where they brought up few ideas about the Common Activity and later post session they worked in their individual groups on their 3 top ideas in detail according to the guidelines provided.

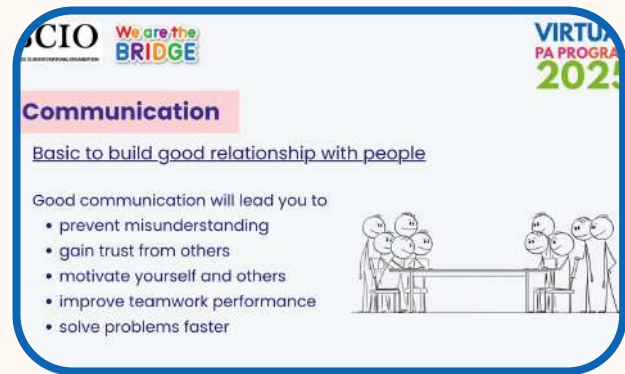
Before Day 2, the BCIO Management Team, along side the HOMs, picked the top idea from each Action Team and asked them to refine their best idea, with the following ideas pitched to the group:

- Traditional Sport
- Culture through Art
- Phrase of the Week

As voted by the PAs we are pleased to announce the 2025/2026 Common Activity is: Same Same but Different (Phrase of the Week)

LEADERSHIP

Mizuki Yasuoka, BCIO HOM 2025-2026



One of the key objectives of the PA Program is for PAs to develop their own leadership skills and qualities as Global BRIDGE Leaders, which helps them nurture JAs, Fukuoka's children and youth, to become OMOIYARI Global Citizens and Global BRIDGE Leaders. As such, a key session during the Virtual PA Program considered *What is a Good Leader?*

Throughout the session, we explored the fundamentals of leadership; definitions, features, and last but not least, how they can adopt it in the APCC program and BC activities.

Prior to the session, PAs reflected on their own leadership beliefs and styles. There are several leadership styles we looked at during the session; nevertheless, we emphasised Collective leadership. This is the type of leadership in which several people with diverse skills, experience, and backgrounds collaborate in order to achieve goals. Since BC and BCIO are very diverse with different age groups, professions, backgrounds, etc., it is significant to understand how people can collaborate in order to tackle the situations with others. Additionally, we focused on communication, listening, flexibility and supportiveness as key terms. This was contextualised to possible situations such as at Marine House with JAs, participating in the PA Program and while organising activities in their own local BC.

BCPN

Surhid Samyadip, BCPN Senior Executive Member



PAs were introduced to the BRIDGE CLUB Professional Network, an integral part of the BCIO operations. Surhid, one of the Senior Executive Members, shared BCPN's vision and core values. The PAs engaged in a Find Your Tribe activity to help them make connections with others and see how BCPN could help them to connect with others in their field. Finally, Surhid gave an overview of BCPN Stars, explaining how PAs could submit and implement their ideas. We look forward to seeing PAs continue to engage with BCPN in the future.

REFLECTION



DAY 2 REFLECTION

What went well?	Even better if...	In the future I hope.
more time in sessions to interact with PAs	More icebreaker games like word games in different language	I'm excited to energetic BCIO ILOM team
discussing & Discussion on refining own activity ideas	More time <3	Catch up with PAs to strengthen our bond
discussing an SMART goals ideas	Shuffle members in Group activities randomly will get more chances of interact with more PAs	Engage with PAs to strengthen our connect
we were able to share and discuss ideas SMART goals for each BC.	If we had more time, we could have gotten to know each other better.	Regular conversations with PAs to on the status of BC



BRIDGE Phrase

Common Activity 2025-2026

Objectives

Language helps us to connect with each other, and this Common Activity facilitates sharing your language and culture, understanding others

What does each BC need to do?



Share Your Language

- Come together as BRIDGE CLUB, record and upload **at least three videos** sharing the expression/phrase in your language
- **Select from the following phrases**
 - What you say before or after you eat
 - Rock Paper Scissors
 - Eeny, meeny, miny, mo
 - Hello and its literal meaning
 - Describing food as yummy/delicious
 - We are the BRIDGE
- Share any **cultural explanations** for the expression, use **clear description** and **pronunciation** so that others can learn from your video
- Videos can include individual members or a compilation of many BC members saying the phrase

Film your video vertically!!



Submission 1

- Post to your BC social media, tag BCIO and upload to the Common Activity Google Drive (<https://tinyurl.com/33dyuwnd>)
- **Three videos** (one phrase each) should be submitted by **January 31st 2026**

Learn other Languages

- Phase 2: Learn from others
- **Learn an expression** shared by another BC
- Watch the video, learn the language, **record yourself**
- **Tag the BC** whose expression you learnt

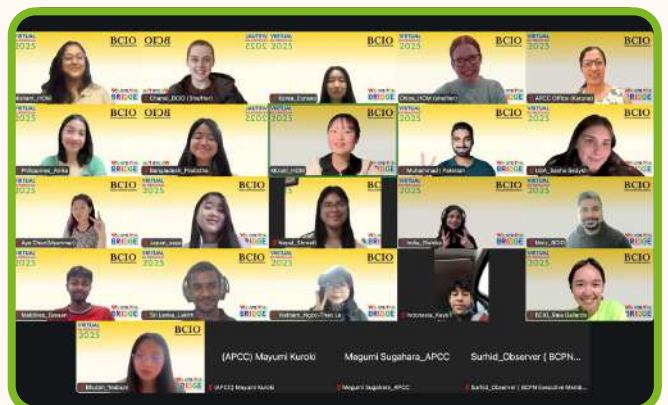


Submission 2

- Post to your BC social media, tag BCIO and upload to the Common Activity Google Drive (<https://tinyurl.com/33dyuwnd>)
- **Three videos** (one phrase each) should be submitted by **March 31st 2026**



PHOTO GALLERY



VIRTUAL PA PROGRAM 2025

Virtual Peace Ambassadors
Program Report 2025

September 20th & 27th

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