

# PAProgram Report















# Message from the BCIO General Manager



I would like to sincerely express my gratitude for the leadership, dedication, and OMOIYARI spirit of the APCC Office, Karuna and the 2024–2025 Head Office members, Tshering and Rana, in organizing the PA Camp in Fukuoka. Having known them since their days as Special PAs in 2022, it is inspiring to see how their passion for APCC has grown into such an impactful leadership.

This year's camp was both meaningful and engaging. The Commitment for a Better Future session inspired Peace Ambassadors to reflect on their responsibilities as young leaders, while the SMART Goals workshop equipped them with practical steps to strengthen their BRIDGE CLUBs. I was especially impressed by their promise to return home with renewed determination to build stronger, more active clubs.

I am also delighted to see the Virtual Friendship Circles continuing thanks to the dedication and leadership of the PAs. Although I could not attend in person, I was able to witness their admirable qualities and teamwork through the updates shared on social media.

My heartfelt thanks go to all APCC-BCIO officers, volunteers, the advisory board, Management Team, Head Office members, BRIDGE CLUBs, and the 2024-2025 PAs for your extraordinary efforts. Your commitment ensures that the PA Camp continues to connect dreams across the world with peace, kindness, and mutual understanding.

We are the BRIDGE!

Tsu Yamin BCIO General Manager (2023-2025)



# Message from the BCIO Assistant Manager



This year's PA Program has truly been remarkable under the thoughtful leadership of Tshering and Rana. The dedication shown by the HOMs and PAs throughout the program, and the commitment to the action items, has been nothing short of commendable.

It's heartening to witness how the PA Programs continue to build upon the wisdom of previous years, evolving and improving with each cycle. I genuinely believe this momentum will guide us closer to fulfilling the broader objectives of APCC and BCIO in more impactful ways.

I've seen firsthand the passion and perseverance of the PAs in upholding the tradition of Virtual Friendship Circles. In a post-COVID world, initiatives like these are more than just activities; they're bridges to the past, reconnecting former members and allowing them to relive cherished memories.

Looking ahead, the direction of BCPN is clear and promising. With more actionable steps and realistic short-term goals, we're aligning ourselves with the greater vision of BCPN. There's a lot in store, and I hope the BRIDGE CLUBS are ready to rise to the occasion.

Lastly, I want to extend my heartfelt gratitude to the APCC Team and all the volunteers who made this journey possible. To everyone who played a role, whether directly or behind the scenes, thank you.

We are the BRIDGE!

Moiz



# Message from the BCIO Assistant Manager



The highlight of every summer for the APCC community is the BRIDGE Summer Camp and PA Program in Fukuoka. From creating new friendships to immersing in Japanese culture, each camp is a truly special experience.

Having both attended PA Programs and been involved in organising them, I recognise the immense effort and dedication required to bring such a program to life. My sincere appreciation goes to Head Office members, Rana and Tshering for taking up this responsibility & empowering PAs to grow as leaders within and beyond their BRIDGE CLUBs.

I am incredibly proud of the PAs for taking ownership of their learning and growth, and for fully engaging in both the virtual and in-person elements of the program. I look forward to seeing their fresh ideas, passion, and leadership flourish in the years ahead.

Finally, I extend my gratitude to the APCC & BCIO Board of Directors, APCC Office, the PA Program Division, and all volunteers for their invaluable support. Special shoutout to APCC coordinator Ms. Karuna Shrestha, the BCIO Management Team, and the 2023–24 Head Office members for ensuring the entire PA Program was smooth, impactful and engaging. Cheers!

Garima

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# Overview

The Peace Ambassador (PA) Program took place from July 10 - July 22, 2025. It took place at the Marine House and the Global Arena, Fukuoka, Japan.

The program was attended by 20 PAs. The 2025's PA Program had a combination of Camp Stay, Hotel Stay and Home Stay.

Apart from the Indoor learning, the program was comprised of exciting field visits to the Toyota Kyushu factory, Higashi-Fukuoka High School and the Fukuoka University.

#### BCIO Head Office Members



Rana Sarkar PA 2017 & 2022 BC Bangladesh



Tshering Peldoen PA 2004 & 2022 BC Bhutan

# Attendees



Aaron Michel Jimeno Hernandez BC Phillipines



Alexandra Ortega BC Oakland



Aishath Insha Imran BC Maldives



Aksshaya Mannar Rajanbabu BC India



Anjana Senadheera BC Sri Lanka



Bhumiraaj Rushikesh Temkar BC Thailand



Choyang Namgay Dolma Dee Dee Cheng Xin Tong BC Bhutan



BC Ipoh



Emujin Emi Amarbayasgalan BC Mongolia



Hawon Kang BC Korea

# Attendees



Kala Tristan Sho Soares BC Hawaii



Kiri Pich Vannak BC Cambodia



Laiba Raien BC Nepal



Lavina Ner Gera BC Papua New Guinea



Maya Juliette Weston BC Australia



Misaki Furukawa BC Japan



Radja Rafi Aryawira BC Indonesia



Surhid Samyadip BC Bangladesh



Shruti Parmar BC Fiji



Tsz Ching Ho (Chasity) BC Hongkong

#### Fun Fact with Paper Planes

July 12, 2025 Marine House



The first session of the PA Program was designed to be more than just an icebreaker; it was a carefully crafted experience that immediately established a foundation of trust and purpose. The creative paper plane activity quickly filled the room with laughter and shared excitement.

As Peace Ambassadors read fun facts about one another and guessed their peers' identities, they began to form connections that would last a lifetime. This playful exercise was the first step in building a tight-knit group where members would motivate, uplift, and befriend each other. It helped them appreciate the unique strengths each PA brought to the table and demonstrated how they were all united by the 'Omoiyari Spirit'—a shared value of respect and understanding that is core to the program's mission.



#### Intro to PA Program

July 12, 2025 Marine House

Following the icebreaker, the program introduction solidified the PAs' sense of purpose. The session highlighted why each individual was selected: to nurture their leadership skills, exchange ideas, and strengthen their respective BRIDGE CLUBs (BCs). PAs were reminded of their critical role as "leaders in such activities".

They learned they were not just participants, but vital links in a global network, with responsibilities like supporting Junior Ambassadors, fostering friendships across borders, and promoting active BC initiatives.



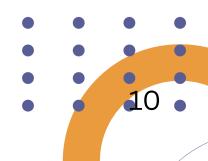
## Fukuoka Kids Exchange Program

July 13, 2025 Marine House



This year's camp at the Marine House had not only the JAs, but over 80 school children from Fukuoka for a fun afternoon.

The PAs participated in the FUKUOKA KIDS Exchange Program as a Facilitator in making the exchange program between the Fukuoka kids and JAs a success.



#### School Visit

#### July 14 Higashi-Fukuoka High School

The PAs had a school visit to one of Fukuoka's popular schools. They interacted with the students of Higashi-Fukuoka High School, discussing mainly about their countries of origin, and exchanging ideas about how countries can develop further.

After lunching together, the PAs and the hospitable students visited the Tochoji Shrine and took a stroll by the Old Hakata town.



#### Campfire Farewell

July 14 Marine House



The last night at the Marine House concluded with a campfire. The JAs, PAs, Chaperones, APCC Officials and Volunteers all came together to sing the 'We Are the BRIDGE' song.

The evening was filled with sharing love and laughter, and promises to meet again.

#### Walking Tour

#### July 15 Global Arena

After settling at the Global Arena, the Head Office Members (HOM) guided the PAs into groups and were given a walking tour of the campus. This relaxed walk gave the PAs and HOMs a chance to connect on a personal level, fostering conversations and laughter that broke down barriers.

Discovering a hidden ice-cream vending machine, PAs and HOMs shared cones in the summer breeze, turning a simple treat into a memorable bonding experience. This shared moment of joy reinforced the sense of camaraderie that the program was designed to foster from the very beginning.



By moving beyond a formal introduction and into a casual, shared experience, the tour helped transform a group of individuals into a supportive community. It was through these seemingly small moments that the PAs began to feel at home and form the bonds that would continue to strengthen as they embarked on their journey together.

# Walking Tour

#### July 15 Global Arena



#### Commitment Wall

July 16 Munakata





The PAs gathered for a reflective workshop titled "Commitment for a Better Future," which was built directly on the SMART goals PAs had set during their virtual camp. This time, however, they were equipped with a deeper understanding of their mission, a perspective one PA called a "wake-up call" for why their work in APCC and their BRIDGE CLUBs (BCs) truly matters.

To solidify their commitment, each PA wrote their personal pledge on a small sheet of paper and placed it on a vibrant Commitment Wall. This visual display served as a daily reminder of the promises they had made to themselves and to their communities.

#### Active Listening

#### July 16 Munakata

Communication being a non-negotiable skill for leaders, it was one of the main focus during the PA Program. This session on 'Active Listening' was chosen to equip the PAs gain insights and skills in becoming the kind of leader that hears and understands what others have to share.

Once the PAs learnt about both elements and barriers to active listening, the techniques to excel becoming an active listener was easy. The session was made more meaningful with a simulation activity, followed by reflection and PAs sharing their learnings during the simulation.



### CSR: field trip to Toyota Kyushu

July 16 Munakata

In the afternoon, a field trip to Toyota Motor Kyushu awed the PAs. This wasn't just a factory tour, but a powerful illustration of how cutting-edge technology and a dedication to excellence can coexist with a sense of social and environmental responsibility.



Guided by the factory staff, the PAs explored the intricate welding and assembly sections, where state-of-the-art robots and fully automated systems worked with mesmerizing precision.

The seamless choreography of technology and human craftsmanship left everyone amazed. By witnessing the dedication to quality and social responsibility firsthand, the PAs were inspired to bring these lessons back to their BCs and communities, ensuring their efforts are not only impactful but also enduring.

#### BRIDGE CLUB Professional Network

#### July 17 Global Arena



The PAs engaged in a powerful reflection, connecting the past successes of their Bridge Clubs to a clear vision for the future. and their BCs.

The BRIDGE CLUB Professional Network (BCPN) session, conducted by 2 BCPN executive members who were also PA this year, provided a direct, peer-led look into the professional side of the APCC network. The PAs learnt about the BCPN Star Project and how they could contribute, giving them a tangible way to apply the leadership and collaboration skills they had been honing throughout the program.

This deep dive into the BCPN provided the PAs with a clear pathway for professional and personal growth, ensuring their journey with APCC doesn't end with the PA Program.

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## Speaking Eloquently

July 17 Global Arena

The second component chosen in the area of Communications to equip the PAs become effective leaders was speaking eloquently. The PAs thoroughly learnt the traits of eloquent speaking as well as its principals, and vowed to practice.

They also learnt the basics of pitching through the easy to remember PREP method. They require pitching skills, where they can eloquently pass their message to another person for any purpose being leaders of their BCs back home. The easy to remember and effective PREP method was taught.

At the end of the session, the PAs were asked to pick a folded piece of paper each. These folded papers contained a situation, which the PAs would pitch on, for their next Communication session.



#### Club Spotlight

July 17 Global Arena



The Club Spotlights & Event Planning Workshop was a pivotal moment in the camp, providing the PAs a unique opportunity to learn directly from their peers' successes, providing practical knowledge and inspiration they could immediately apply to their own work.

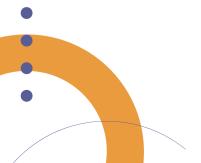
PAs from BC Sri Lanka, BC Philippines, and BC India kicked off the workshop by sharing how their BCs managed finances, engage members, and handle logistics. This shared knowledge and passion helped everyone recognize the strength of their collective network and the importance of communication and transparency.



# Event Planning July 17 Global Arena

Building on these insights, facilitators introduced the four pillars of event planning, offering a structured approach to designing effective and impactful activities. PAs worked in small groups to plan mock events, tackling real-life challenges such as budgeting, assigning roles, and ensuring participant engagement. This hands-on approach sparked lively discussions, creative solutions, and gave everyone a new sense of confidence in their abilities to organize meaningful programs back home.

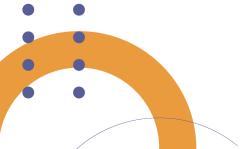
By learning from each other's successes and collaboratively solving problems, the PAs were not just preparing for future events—they were strengthening the bonds that would make their network a source of lifelong support and inspiration.



July 17 Global Arena



Building on their VFC planning, the PAs dived into a crucial session on marketing fundamentals, designed to equip them with the tools to effectively promote their events and maximize engagement on their BRIDGE CLUB (BC) social media handles.



#### July 17 Global Arena

A session titled 'Strategic Communication for Greater Impact' was conducted to aid into effectively discussing the VFC. It emphasized key marketing principles, including understanding their target audience, creating visually appealing content, and using analytics to optimize their reach. This training was a practical application of the communication skills they had been developing throughout the camp.

This skills gained from the session empowered the PAs to become skilled communicators and promoters. By creating these detailed marketing plans, the PAs are ensuring that the friendships, creativity, and collaborative energy nurtured in

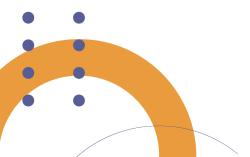




July 17 Global Arena



The PAs were great at putting theory into practice, planning comprehensive marketing schedules for their VFCs. They discussed about which social media platforms would be most effective, the kind of posts to create, and the best times to share content to maintain consistent engagement. This strategic approach to promotion ensures that the VFCs will reach a wider audience and keep the global APCC network vibrant and connected.



#### July 17 Global Arena

These efforts are designed to sustain momentum and maximize participation in the VFCs, keeping the spirit of the APCC community alive throughout the year and well into the next PA Camp in July 2026. This focus on strategic planning and execution helps the PAs fulfill their roles as effective leaders and further strengthens the global bridges they are building.





#### July 17 Global Arena

With the officials from the APCC Head Office invited as judges, the PAs performed an amazing mock pitch.

Leveraging on the skills learnt during the earlier

Leveraging on the skills learnt during the earlier Communication Sessions, in under 1 minute, every PA pitched exceedingly well. To celebrate the learning, the PA with the highest points obtained was rewarded, who shared the prize with fellow PAs.



#### We Are The BRIDGE Festival

#### July 18 Tenjin,

The big day arrived, the PAs moved to Tenjin for the 'much awaited fest. As always, the festival attracted thousands of people to witness the cultural performances by the JAs and PAs, meet friends old and new.

BCJ made that evening a memorable one, hosting a splendid dinner for the PAs. The PAs, BCJ members and the APCC officials exchanged ideas and dreams, promises and hopes.



## Exchange Program

#### July 19 Fukuoka University

The final program before leaving for homestay was an exchange program with with High School Students from Fukuoka.

Their interactive session discussed about lives of High School Students in Japan and abroad, and the ideas of desirable Junior High Schools. More friendships were created in the process.



# PA Program Report July 11-23, 2025







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